

SURENDRANATH LAW COLLEGE

24/2, Mahatma Gandhi Road, Kolkata-700009

Phone No. 23503896

Email: snlcollege@gmail.com

Website: snlawcollege.ac.in

Ref. No. SNLC/ IQAC/SEM/001/2023-24

Date: 04.04.2022

NOTICE

World Health Organisation (WHO) is observed "World Health Day" worldwide every year on the 7th April. This year the theme is *World Health Day 2023: "Health for All"*.

In view of the above the *Extension Activities Committee* of *Surentranath Law College*, is going to organize a Health Awareness Programme on the topic: "*Food Habit, Nutrition Education, Physical Activity, and the Prevention of Cancer*".

The Programme Schedule is as under :

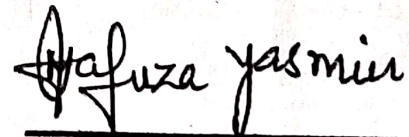
Date : 27-04-2023 (Thursday)

Time : 10:00 am

Venue : Seminar Hall of Surentranath Law College

The Program will be addressed by **Dr. Sankar Kumar Nath, Consultant Oncologist.**

All faculties, Staffs and Students are hereby requested to attend the program on the scheduled date and time.



Mafuza Yasmin
Assistant Professor
Convener, Extension Activities Committee
Surentranath Law College

Extension activity Committee of Surendranath Law College
organises Health Awareness Programme on 27-04-2023

World Health Day 2023: "Health for All"

STUDENT ATTENDANCE

SL.NO	NAME	SEMESTER	EMAIL ID
1	Quanita Majumdar	8 th	quanita93355@gmail.com
2	MOHAMMAD ARIF	6 th	mohammadarif2085@gmail.com
3.	RESHMI SAHIN	2 nd	257.reshmi@gmail.com
4.	MANJUARA BEGOM	2 nd	Ro'taimu0754@gmail.com
5.	Lalita Haldar	2 nd	lalita Haldar
6.	Ayanil Das	6 th	ayanildas8@gmail.com
7.	Rohit Ghosh	4th	rohitghosh.12e.23.2001@gmail.com
8.	Rupak Dutta	4th	Rupak Dutta 078@gmail.com
9	ASHIS ROY	4 th	Ashis Roy ashroyfulla193@gmail.com
10.	Rupam Ghosh	2 nd	InfoRupam2004@gmail.com
11.	Rudrendu Mahato	2 nd	rudrendu mahato@gmail.com
12	Rohit Ghosh	4 th	rohitghosh.12e.23.2001@gmail.com
13	Rupak Dutta	4 th	rupakdutta078@gmail.com

Extension activity Committee of Surendranath Law College
organises Health Awareness Programme on 27-04-2022

World Health Day 2023: "Health for All".

STUDENTS ATTENDANCE

SLNO	NAME	SEMESTER / EMAIL ID
1.	Rajastee Banerjee - 4th	rajasteebanerjee111@gmail.com
2.	Subhajit Saha - 4th	subhajitsahas781@gmail.com
3.	Saika Naz	maillsaika.naz@gmail.com
4.	Tuhina Islam	ziniptyasmin131@gmail.com
5.	Raunaque Zia - 4th sem	zianraunaque@gmail.com
6.	MAHJABEEN PARVEEN	mahjabeenparveen1234@gmail.com
7.	SK Guffiana Baksh	skguffiana@gmail.com
8.	ANKITA MAJI - 2nd	archanamaji09@gmail.com
9.	Rupa Biswas - 2nd	rupa8879@gmail.com
10.	Soumi Kunder - 2nd	soumikunder2002@gmail.com
11.	Pooja Mondal - 2nd	pm926872@gmail.com
12.	Neha Traider - 4th sem	neha94nxt@gmail.com
13.	Nazia Wazir - 4th sem	hassannazia041@gmail.com
14.	Disha Bairagya - 4th	dishabairagya2004@gmail.com
15.	Susmita Maity - 4th	maitySusmita1711@gmail.com
16.	Koheli Tudu - 4th	KoheliTudu3@gmail.com

Extension activity Committee of Surendranath Law College
organises Health Awareness Programme on 27-04-2023

World Health Day 2023: "Health for All"

STUDENT ATTENDANCE

SL.NO	NAME	SEMESTER	EMAIL ID
1.	Abrajee Bhattacharyya	2 nd Sem	abrajeebhattacharyy87 @gmail.com.
2.	Snehashis Debnath	2 nd Sem	Snehashisdebnath 161@gmail.com
3.	Sunita Patra	2 nd Sem	sontypatra@gmail. com
4.	Nitishha Chakraborty	2 nd Sem	nitishha@gmail.com
5.	Jagriti Banerjee	4 th Sem	banerjeejagriti8@ gmail.com
6.	Sathi Haldar	4 th Sem	Sathihaldar245@ gmail.com
7.	Anam Torab	8 th Sem	Anantorab@gmail.com.
8.	Baidyanath Gupta	4 th Sem	yoyobg.11@gmail. com
9.	Shireen Akram Khan	4 th Sem	shireenakramkhan @gmail.com
10.	Mohini Chatterjee	4 th Sem	chatterjee mohini18 @gmail.com-
11.	Md. Faizom	4 th Sem	mdfaizom09121@ gmail.com.
12.	Sneha Kujur	4 th Sem	Snehakujur@gmail. com.
13.	Adrija Khan	2 nd Sem	adrijakhan0@gmail.com Adrija Khan

**Extension activity Committee of Surendranath Law College
organises Health Awareness Programme on 27-04-2022**

World Health Day 2023: "Health for All".

STUDENTS ATTENDANCE

SLNO	NAME	SEMESTER / EMAIL ID.
1.	Sumouli Bhattacharya - 4 th	sumoulibhattacharyya@gmail.com
2.	Saurav Mandal - 4 th	smandal0206@gmail.com
3.	Soumyodip Hazra, 4 th	hazrasoumyodip3@gmail.com
4.	Nabanta Bhownick	4 th Sem nabanta1982@gmail.com
5.	Rajat Kumar Adak	2 nd rajatkumaradak3@gmail.com
6.	Samuel Subhajit Hore	4 th SEM / Samuels.Hore@gmail.com
7.	Surjashis Mukhopadhyay	Sem 4 mukhopadhyaysurjashis@gmail.com
8.	Arinushk Roy - 4 th sem	Arinushk Roy 4 th sem
9.	Jesmin Khatun - 4 th sem	khatunjesminrangpa2020@gmail.com
10.	Airabula Roy Bhownick (2 nd)	airabula2004roybhownick@gmail.com
11.	Sinni Ahmed	4 th sem / sinni8769@gmail.com
12.	Anisha Roy - 2 nd	royanisha526@gmail.com
13.	Sushama Kar - 2 nd	Sushamakar271@gmail.com
14.	Subhasri Roy - 2 nd	Subhasriroy600@gmail.com
15.	Pinky Mondal - 4 th sem	Pm270957@gmail.com
16.	Shayomi Ahmed - 2 nd sem	shayomiahmed@gmail.com

**Extension activity Committee of Surendranath Law College
organises Health Awareness Programme on 14-04-2022**

World Health Day 2023: "Health for All".

STUDENTS ATTENDANCE

SL.NO	NAME & semester	SEMESTER / EMAIL ID
1.	Debangana Biswas - 4th	DebanganaBiswas48@gmail.com
2.	Suman Bala 2sem	Sbala6857@gmail.com.
3.	Nilanjana Tudu - 2sem	nilanjanaTudu5@gmail.com
4.	Priya Maity - 2sem	priyamaity2003@gmail.com
5.	Srijita Mondal - 2nd sem	Srijitamondal787@gmail.com
6.	Sadia Sahin - 2nd sem	sadiasahin59@gmail.com.
7.	Phampa Mondal - 2nd Sem	Phampamondal15@gmail.com.
8.	Sourav Biswas - 2nd	storsourav209@gmail.com
9.	PRITAM DAS 2nd	Pritam Das / pritamdas21690@gmail.com
10.	Srijita Ghosh - 2nd	srijita44@gmail.com
11.	Soumili Maity - 2nd	maitysoumili2004@gmail.com
12.	Sreejita Ghosh - 2nd	sreejeeta94@gmail.com
13.	Tanuvree Chakraborty - 2nd	Umachakraorty771@gmail.com
14.	Satvi Ghosh - 2nd	Ssatvi15@gmail.com
15.	Madhumita Dey - 4th	madhumitadey132@gmail.com
16.	ARCHANA SINGH - 4th	aruhanasingh66090@gmail.com

**Extension activity Committee of Surendranath Law College
organises Health Awareness Programme on 27-04-2022**

World Health Day 2023: "Health for All".

STUDENTS ATTENDANCE

SL.NO	NAME	SEMESTER/EMAIL ID
1.	Altamash Sultan - 4th	altamashsultan632@gmail.com
2.	H M Foyez Farhan - 2nd	hmfoyezfarhan@gmail.com
3.	Subhojit Mahata - 2nd	subhojitmahata660@gmail.com
4.	Priyabrata Das - 2nd	dasd40412@gmail.com
5.	Debabrata Mandal	dabumandal626@gmail.com 2nd
6.	Sarfraz Khan - 2nd	SK7184ias@gmail.com
7.	Asadur Rahman Paik - 2nd	rahamonpaikasadur@gmail.com
8.	Abdul Aziz - 2nd	abdulazizrph2003@gmail.com
9.	Sayan Dey - 2nd	siulidey418@gmail.com
10.	Agribirra Datta - 2nd	agnibiradatta@gmail.com
11.	Sneha Samui - 2nd	samui.sneha79@gmail.com
12.	Rahit Bhowmick - 2nd	Rahitbhowmick171@gmail.com
13.	Souradip Malakar - 2nd	sickmalakar2010@gmail.com
14.	Pranav Sandra	Pranav Sandra@gmail.com
15.	Zohag Halder 4th	Zohag1010103@gmail.com
16.	Sujit Khan 4th	SujitKhan@gmail.com
17.	Amit Samkar - 4th	Samkarant743297@gmail.com

Extension activity Committee of Surendranath Law College
organises Health Awareness Programme on 27-04-2022

World Health Day 2023: "Health for All".

STUDENTS ATTENDANCE

SI.NO	NAME	SEMESTER / EMAIL ID
1.	Sujay Biswal - 4th	Sujaybiswal123@gmail.com
2.	Priya Choudhary - 6th	Choudharypriya587@gmail.com
3.	Nidhi Rana - 6th	nsrananidhi24@gmail.com
4.	Apantika Dutta - 6th	officialapantika.30@gmail.com
5.	Nameta Choudhary - 6th	Choudharynameta285@gmail.com
6.	Pinky Nath - 2nd sem	ppinky.nath@gmail.com
7.	Pallabi Sen - 2nd Sem	pallabisen407@gmail.com
8.	Pranita Naskar - 4th Sem	pranitampranita543@gmail.com
9.	Rabi Shankar Ratan - 6th sem	R4RABIRAM@GMAIL.COM
10.	Manjeet Gupta - 6th sem	manjeetgupta491@gmail.com
11.	Sarika Mallick - 2nd sem	SarikaMallick@715@gmail.com
12.	Bahamani Murmu - 2nd Sem	BahamaniMurmu1@gmail.com
13.	Srabani Murmu - 2nd sem	SrabaniMurmu41@gmail.com
14.	Ahona Mondal 2nd sem	svsammondal6388@gmail.com
15.	Tina Mondal 2nd Sem	mondal.tina26@gmail.com
16.	Arpita Ray - 2nd Sem	ray.arpita.2003@gmail.com
17.	Mitasree Dev - 2nd Sem	devmanoshkumar@gmail.com

**Extension activity Committee of Surendranath Law College
organises Health Awareness Programme on 27-04-2022**

World Health Day 2023: "Health for All".

STUDENTS ATTENDANCE

SLNO	NAME	SEMESTER/EMAIL ID
1.	Ayan Sarkar - 4th.	sarkarayan023@gmail.com
2.	Md Infon Akhtar - 2nd.	akhtar.infon@gmail.com
3.	Soumya Saha	Soumyanid@gmail.com
4.	Debrup Chakrabarty	debrupchakrabarty170@gmail.com
5.	SAMIK KUMAR KAHALI 6th sem - Roll-60	KahaliSamik@gmail.com (6th semester)
6.	Karnika Sankar (2nd sem)	karnika.Joynagar@gmail.com
7.	Saimon. (4th) Sem.	Saimon@gmail.com
8.	Kirti Mondal (4th sem)	kirtimondal270@gmail.com
9.	Zehra Haque (4th sem)	haquezehra25@gmail.com
10.	Swati Singh (4th sem)	Singhswati7596@gmail.com
11.	Zoya Nawaz (4th sem)	zoyanawaz2000@gmail.com
12.	Zoya Zeeshan (1st sem)	
13.	Quinat Firdosh (4th sem)	kanat.firdous1355a@gmail.com
14.	Pritha Mondal (4th sem)	mpritha87@gmail.com
15.	Gita Saha (4th Sem)	gsaha3654@gmail.com
16.	Meghna Paul (4th sem)	Paulmeghna968@gmail.com

SURENDRANATH LAW COLLEGE

24/2, Mahatma Gandhi Road, Kolkata-700009

Phone No. 23503896

Email: snlcollege@gmail.com

Website: snlawcollege.ac.in

To

The Vice Principal

Surenranath Law College

24/2, M.G.Road, Kolkata-700009

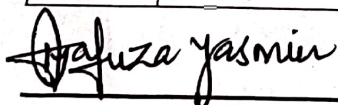
Date:04.04.2023

Sub : Proposed Statement of Expenditure for The Health Awareness Programme in the view of Celebrating *World Health Day 2023: "Health for All"*, on 18th April 2023.

Respected Madam,

This is to bring your kind attention that on behalf of Extension Activities Club, we are requesting to sanction the proposed amount for The Health Awareness Programme in the view of Celebrating *World Health Day 2023: "Health for All"*, organized by The *Extension Activities Club* of *Surenranath Law College* on 18th April 2023.

SL.NO.	Particulars	Amount
01	Gift (Price: ₹1200) for the Guest of honour	1300
02	Memento for the Speakers	300
03	Bag for the guest	200
04	Bouquet for the Speaker	200
05	Food packet for the Guest and Volunteers	800
06	Tea and Biscuits for V.P.maam, guest, faculties, volunteers	300
07	Banner	400
	TOTAL	3500



Mafuza Yasmin,
Assistant Professor,
Convener, Extension Activities Club,
Surenranath Law College

Allowed
Boqem
Please do
(Rakemda)

~~3500/-~~
3000/-

To
The Vice Principal
Surendranath Law College
24/2, M.G. Road, Kol - 700009

To Accountant
In charge of
verification of
admission
15/4/23

Sub - statement of Balance Expenditure to be collect
from ^{College} office for the Health Awareness Program
27/4/2023

Respected Madam,

This is to inform you that Extension Activities Committee of Surendranath Law College has conducted Health Awareness Prog on the Occasion of World Health Day on 27/4/2023. , for which a total Rs 3000/- has been collected in advance, but after the prog the total Expenditure costs with all bills amount Rs 4070.

I request you to kindly give me balance amount of Rs 1,070 (Rs 4070 - 3000) which I have ~~sp~~ already spent from my pocket for the prog and submitted all bills. ~~with app~~

Thanking You

Regards
Mafuza Yasmin (Mafuza Yasmin)
Convener, Extension Activities Committee
Surendranath Law College.

EXPENDITURE BILL APPLICATION-1

To

The Prof (Dr) Mohammadi Tarannum

Vice Principal

Surendranath Law College

24/2, Mahatama Gandhi Road

Kolkata- 700009

Subject- Submission of Statement of accounts along with all available bills for against Cancer awareness programme for all Law students and faculties of Surendranath Law College title *“World Health Day 2023: “Health for All”*. The *Extension Activities Committee* of *Surendranath Law College*, is going to organize a Health Awareness programme on the topic: *“Food Habit, Nutrition Education, Physical Activity, and the Prevention of Cancer”*.

held on 27- 04-2023.

Respected Madam,

Surendranath Law College, an esteemed law college affiliated to Calcutta University established in 1885, imparting UG and PG education has organised a Cancer awareness programme on World Health Day on 27-04-2023 by EXTENSION ACTIVITIES at seminar hall of Surendranath Law College for all LLB and LLM students at 10:00 am onwards.

S.NO	DATE	PARTICULARS	ANNEXURE	AMOUNT
1	10-04-2023	Cost of Posters from Surajit Roy	A 1	400
2	27-04-2023	Coffee, Biscuits, and fruit juices for speakers and staffs	A 2	300
3.	27-04-2023	Travelling Expenses of the resource speakers	A3	480 150
4.	28-09-2022	Food for volunteers	A4	371
5.	31-03-2022	Gift for the speaker	A5	1299
6.	28-09-2022	Memento	A6	260
7.	05-04-2023	Utorio	A7	100

Thanking You

Yours Faithfully

Mafuza Yasmin



Convenor, Extension Activities Club, Surendranath Law College

TOTAL.

2,880



A1

CASH / CREDIT
MEMO

Date : 10/4/23

No.:

Surajit Roy

53A, Surya Sen Street, Kolkata - 9
Mob.: 9830732325

Name..... Surenranath Law College

Address..... Kolkata

Qty.	PARTICULARS	Rate	Amount	
			Rs.	P.
1	6x4-Alex-Poster		400/-	
Total			400/-	

Deals in : Digital Print, Flex Print
Lamination, 4 Colour Offset Print

E & O. E.
Signature

(A2)

VOUCHER

Date 27/4/2023

Surendranath Law College
24/2, Mahatma Gandhi Road, Kolkata- 700009

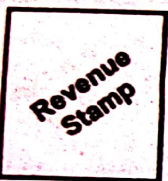
Debit/Credit Contingencies A/C.

Mr./Mrs./Miss Rahul Pramanik

of World Health Day, Cancer awareness programme

hereby received Rs. 300/- (in word Three hundred only) on 27-04-2023

on account of Cost of Tea, milk, Sugar, Water, Soft drinks



R. Pramanik
Signature of the Receiver

Afiza Yasmin
Collective signed by obliged staff

[Signature]
Signature of Vice-Principal

Thank You!

TOTAL

376

Place of delivery: WLS

Invoice Number :

Invoice Details : MH-BOM5-12833

Invoice Date

Date 27/4/2023 Signature

Sl. No.	Description	Unit Price	Discount	Qty	Net Amount	Tax Rate	Tax Type	Tax Amount
1	TIMEX TW000R425 B00OH4720Q (B00OH4720Q) HSN:910299	₹1,100.85	₹0.00	1	₹1,100.85	18%	IGST	₹198.
	Shipping Charges	₹33.90	-₹33.90		₹0.00	18%	IGST	₹0.00
TOTAL:								₹198.

Amount in Words:

One Thousand Two Hundred Ninety-nine only

For VRP TELEMATICS PRIVATE

[Signature]

Authorize

Whether tax is payable under reverse charge - No



VOUCHER

Date 27.04.2023

Surendranath Law College

24/2, Mahatma Gandhi Road, Kolkata- 700009

Debit/Credit T. A. Bill

A/C.

Mr./Mrs./Miss Dr. Shankar Nath and Aloke Datta

of World Health Day, Cancer Awareness Programme

hereby received Rs. 150 (in word One hundred fifty only)

Got) on 27.04.2023.

on account of College to Tattala - Cab fare.



SN
Signature of the Receiver

Aluzayamin
Collective signed by obliged staff

[Signature]
Signature of Vice-Principal

Thank You!

TOTAL 376

Date 27/4/2023 Signature

Place of delivery: WEST BENG

Invoice Number : BOM5-1

Invoice Details : MH-BOM5-1283324145-2

Invoice Date : 03.04.2

Sl No	Description	Unit Price	Discount	Qty	Net Amount	Tax Rate	Tax Type	Tax Amount	Total Amount
1	TIMEX TW000R425 B00OH4720Q (B00OH4720Q) HSN:910299	₹1,100.85	₹0.00	1	₹1,100.85	18%	IGST	₹198.15	₹1,299.00
	Shipping Charges	₹33.90	-₹33.90		₹0.00	18%	IGST	₹0.00	₹0.00
TOTAL:								₹198.15	₹1,299.00

Amount in Words:
One Thousand Two Hundred Ninety-nine only

For VRP TELEMATICS PRIVATE LIM

[Signature]
Authorized Sign

Whether tax is payable under reverse charge - No

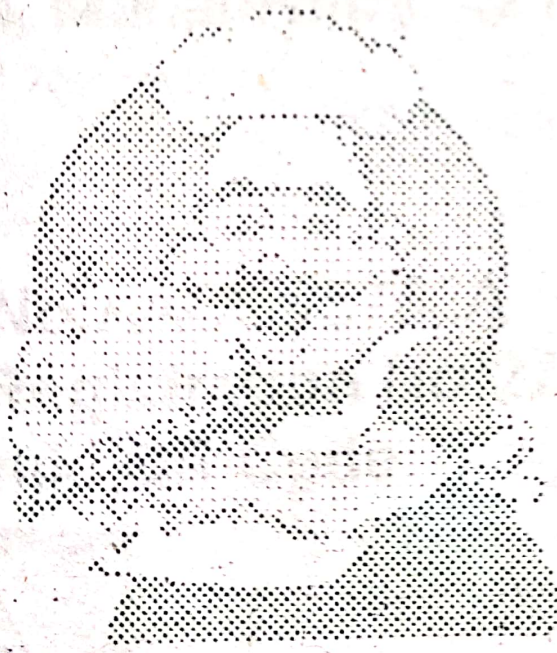
New Annapurna

A4

076

FAST FOOD CENTRE

M.G. Road, Kolkata - 700 009, Mob. : 8013149843 / 7003641499

Qty.	ITEM	Rs.
	<p>2 B. lsd</p>  <p>P</p>	<p>370</p> <p>TOTAL 370</p>

Thank You!

Date 27/4/2023

Signature

Sold By :

VRP TELEMATICS PRIVATE LIMITED
 *Renaissance industrial smart city, Kalyan Sape
 road, Vashere village, Amane post,, Bhiwandi
 taluka, Thane disctrict
 Thane, Maharashtra, 421302
 IN

Billing Address :

Mafuza Yasmin
 20a, amrita banerjee road
 KOLKATA, WEST BENGAL, 700026
 IN
 State/UT Code:19

PAN No:AACCV5763A

GST Registration No:27AACCV5763A1ZF

Dynamic QR Code:

**Shipping Address :**

Mafuza Yasmin
 Mafuza Yasmin
 20a, amrita banerjee road
 KOLKATA, WEST BENGAL, 700026
 IN
 State/UT Code:19

Place of supply:WEST BENGAL

Place of delivery:WEST BENGAL

Invoice Number :BOM5-1406

Invoice Details :MH-BOM5-1283324145-2324

Invoice Date :03.04.2023

Order Number:405-5211566-6682718

Order Date:31.03.2023

Sl. No.	Description	Unit Price	Discount	Qty	Net Amount	Tax Rate	Tax Type	Tax Amount	Total Amount
1	TIMEX TW000R425 B00OH4720Q (B00OH4720Q) HSN:910299	₹1,100.85	₹0.00	1	₹1,100.85	18%	IGST	₹198.15	₹1,299.00
	Shipping Charges	₹33.90	-₹33.90		₹0.00	18%	IGST	₹0.00	₹0.00
TOTAL:								₹198.15	₹1,299.00

Amount in Words:

One Thousand Two Hundred Ninety-nine only

For VRP TELEMATICS PRIVATE LIMITED:

Authorized Signatory

Whether tax is payable under reverse charge - No

THE DAS GUPTA SPORTS

ORIGINAL BUYER'S COPY

(46)

Create Something New

59/4, MAHATMA GANDHI ROAD, KOLKATA-700009

MOB : 9874136509 / 9748984962

email : thedasguptasports@gmail.com / tdasguptas10@gmail.com

GSTIN : 19AAHFT9001D1ZA

Bill of Supply (Under composition Scheme)

We are not eligible for collecting Taxes

Serial Number : TDS/2023-24/ **18** State : West Bengal
State Code : **19** Date : **05/04/2023**

Details of Receiver | Billed to :

Details of Consignee | Shipped to :

Name : **cash**
Address :

Name : **Surenchandra Math Law College**
Address :

GSTIN / UIN :
State : West Bengal State Code : **19**

GSTIN / UIN :
State : State Code :

Sr. No.	Description of Product	HSN Code	Qty.	Rate	Amount	Less : Discount	Value of Supply
1.	W49533 (B)		2 ps	80	160		160
2.							
3.	parts						10
4.							
5.							
6.							
7.							
8.							
9.							
10.							
11.							
12.							
13.							
14.							
15.							
Total			2 ps				260

Total Invoice Amount in Words : **Two thousand six hundred**

Bank Details

INDIAN BANK (College Square Branch)
A/c. No. : 50130124731
IFSC : IDIB000C638
PAN No. : AAHFT9001D

Terms and Conditions

- DELIVERY MUST BE TAKEN FROM SHOWROOM.
- DELIVERY MUST BE TAKEN WITHIN 10 DAYS FROM THE DATE OF DELIVERY.

Certified that the Particulars given above are true and correct.

For THE DAS GUPTA SPORTS

B.m

ALL DISPUTES SUBJECT TO KOLKATA JURISDICTION

(Common Seal)

Authorised Signatory



JOY KALI PAPER HOUSE

22, M.G.Road, Kolkata-70009

Mob:- 9830146437

8697233635 / 9051327379

AX

5/14/22

N Hanja

100

100

2

EXPENDITURE BILL APPLICATION- 2

To

The Prof (Dr) Mohammadi Tarannum

Vice Principal

Surendranath Law College

24/2, Mahatama Gandhi Road

Kolkata- 700009

Subject- Submission of Statement of accounts along with all available bills for against Cancer awareness programme for all Law students and faculties of Surendranath Law College title **“World Health Day 2023: “Health for All”**. The **Extension Activities Committee of Surendranath Law College**, is going to organize a Health Awareness programme on the topic: **“Food Habit, Nutrition Education, Physical Activity, and the Prevention of Cancer”**.

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S.NO	DATE	PARTICULARS	ANNEXURE	AMOUNT
1	20-04-2023	Hand bag with printing cost	A 1	200
2	26-04-2023	Cost of Flex with Designing Cost of the Banner	A 2	500
3.	27-04-2023	Flower Bouquets for Speakers and VP madam	A3	170
4.	27-04-2022	Food Packets for the Speakers and VP madam	A4	320

TOTAL

1,190

Yours Faithfully

Mafuza Yasmin

Convenor, Extension Activities Club,

Surendranath Law College

Mafuza yasmin

A2

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POSTER



 **EXTENSION ACTIVITIES CLUB of**
SURENDRANATH LAW COLLEGE
Celebrates
7th April World Health Day, 2023



Leading an active life, combined with healthy food habits is essential to good health.
Organising: Awareness Programme on the Theme:
“Food Habit, Nutrition Education, Physical Activity, and the Prevention of Cancer”
27-04-2023 (Thursday), 10:00 A.M. Onwards.

Programme Organiser :
Mafuza Yasmin, Assistant Professor,
Convener, Extension Activities Club,
Surenranath Law College

Programme Chairperson :
Prof. (Dr.) Mohammadi Tarannum
Vice Principal,
Surenranath Law College

REPORT

This is for your kind information that a programme on **WORLD HEALTH DAY** was held on **27.04.2023, Thursday**. World Health Organisation (WHO) observes "World Health Day" worldwide every year on the 7 April. This year the theme was World Health Day 2023; "Health for All".

In view of the above the Extension Activities Committee of Surendranath Law College, organised a Health Awareness Programme on the topic: "Food Habit, Nutrition Education, Physical Activity, and the Prevention of Cancer" The Programme Schedule was as under:

Date: 27-04-2023 (Thursday)

Time: 10:00 am

Venue: Seminar Hall of Surendranath Law College

The Program was addressed by Dr. Shankar Kumar Nath, Consultant Oncologist. All faculties, Staffs and Students attended the program on the scheduled date and time.

On account of "**WORLD HEALTH DAY**" as observed by the WORLD HEALTH ORGANISATION, the Extension Activities Club of Surendranath Law College, organised a seminar on a Health Awareness programme on the topic: "Food Habit, Nutrition Education, Physical Activity, and the Prevention of Cancer".

About cancer:

Cancer is a disease in which some of the body's cells grow uncontrollably and spread to other parts of the body. Normally, human cells grow and multiply through cell division to form new cells as the body needs them. When cells grow old or become damaged, they die, and new cells take their place. Sometimes this orderly process breaks down, and abnormal or damaged cells grow and multiply when they shouldn't. These cells may form tumours, which are lumps of tissue. Tumours can be cancerous or not cancerous benign. Cancerous tumours spread into, or invade, nearby tissues and can travel to distant places in the body to form new tumours through metastasis. Cancerous tumours may also be called malignant tumours. The burden of cancer continues to increase worldwide because of the population ageing and prolonged exposure to carcinogens and increasing cancer-causing behaviours (e.g., unhealthy eating behaviour, unhealthy food preparation). In India, the incidence of cancer is increasing rapidly; therefore, it is important to step up cancer literacy and knowledge amongst the adolescent youth students. In recent years, nutrition has received an increasingly important role in the aetiology of cancer. Thus, public education about dietary factors associated with cancer risk or prevention could be an important intervention for cancer prevention, particularly in low- and middle-income countries where the burden of cancer is increasing rapidly and the access to care is limited.

This Program aims to study the effect of nutrition education on the knowledge, attitude, and Food dietary factors related to cancer. Alimentation through food habits and nutrition to restore oneself after recovering from cancer is one of the optimal routines one can rehearse through one's daily lifestyle. One has to accommodate one's body to the stage of recovery that succeeds the obliteration of cancerous tissues; the accommodation stands ancillary to the input of nutritional components which comes in pair with cautious eating habits. It must be of paramount importance that one regulates what one eats by consulting a competent dietician and fitting medical assistance.

About the Speaker:

The eminent speaker of this seminar, organised by Extension Activities Club of Surendranath Law College, Dr. Shankar Nath is one of the finest Radio-Oncologists of India, possessing immense experience in his field of work. Having completed his MBBS from Calcutta Medical College in the year of 1975, he completed his Diploma in Medical Radio Technology in Oncology in the year of 1980 and has worked in the Oncology Department of Calcutta Medical College and Bankura Sammilani Medical College. He joined the Dept. of Oncology at R. G. Kar Medical College and retired as a senior Oncologist from there.

He works as a Consultant Oncologist at ONCOLINK, a free cancer center at Moulali and Tollygunge, Calcutta and has become the President of ONCOLINK. He is one of the most frequent guest lecturers on Cancer at HRDC's of Jadavpur University, Calcutta University, BURDWAN UNIV.

He is an ex-guest lecturer of Calcutta University on Medical Physics. He has been enlightening the PG students with his immense knowledge of Medical Physics as a regular guest lecturer at MAKAUT.

Dr. Nath has been awarded with Rabindra Puraskar, by the state of West Bengal in 2014 for his research oriented book 'Kolkata Medical College-er Gorar Katha O Pandit Madhusudan Gupta' in Bengali. He has also been awarded NATIONAL DOCTOR'S DAY SAMMAN AWARD IN 2019, DR. B.C ROY ORATION MEDAL in 2019, LIFE TIME ACHIEVEMENT AWARD from Association of Radiation Oncologists of India in 2020 and MUZAFFAR AHMED SMRITI PURASKAR in 2020.

Dr. Nath is an ardent writer on popular science in different journals. He has penned down at least 12 books in his life of work and is currently working on framing a picturesque representation of R G Kar Medical College in his book "EARLY HISTORY OF R.G. KAR MEDICAL COLLEGE: THE FIRST NON-GOVERNMENTAL MEDICAL COLLEGE IN INDIA". Dr. Nath has delivered more than 1100 lectures on cancer prevention so far. He is one of the editors of the book on REVEREND KRISHNA MOHAN BANERJEE which was inaugurated by Hon'ble EX-PRESIDENT OF INDIA Sri Pranab Mukherjee.

Dr. Nath's connection to our college is quite the honorary one. He is the president of the oldest public library of Calcutta which was established and inaugurated by Rastraguru Surendranath Banerjee in 1882, just two years prior to the establishment of our beloved college by Rastraguru himself.

Dr. Nath delivered invited lectures on "Cancer From Environment" at Bose Institute, "Food and Cancer" at Bangiya Sahitya Parishad, "Food Habit and Cancer Prevention" at Digha Science Center.

Total Students present in the seminar were at its full capacity. Near about 60 students participated not counting the volunteers in such inclusion. The seminar was a total success. Dr. Nath eluded us with his knowledge about Cancer, what precautions should be taken and what food habits should be developed in order to battle cancer.

The students at the end of the seminar interacted with Dr. Nath with much curiosity. To which our honoured speaker answers with much calm and composure and made sure the exact answer eludes the student who asked a question.

At the end of the Seminar Dr. Nath and the students and the faculties received a vote of thanks by **Dr. Rajarshi Das**.

SPEAKER: DR. SHANKAR KUMAR NATH

Vice Principal : Dr. (Prof.) Mohammadi Tarannum

Organising Faculty: Mafuza Yasmin (Assistant Professor)

Host: Subhajit Saha, 4th Sem

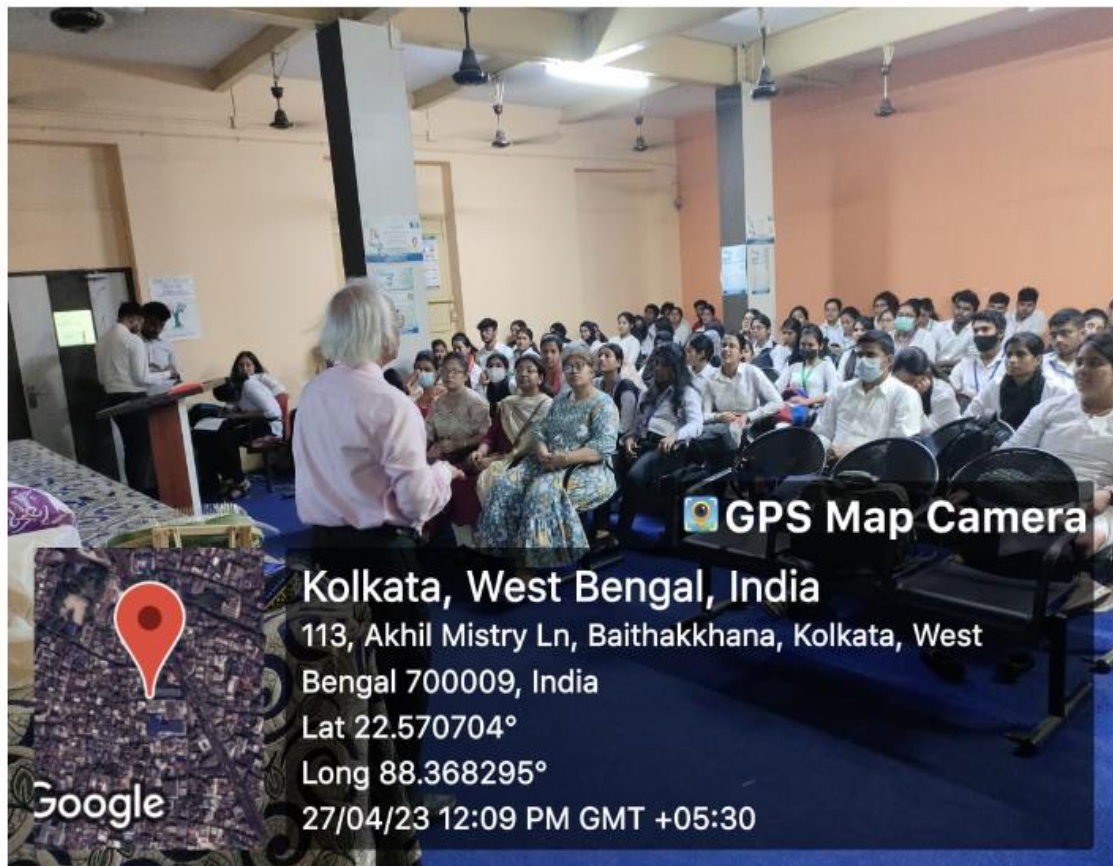
Student Volunteers: Sujay Biswal, Rajasree Banerjee, Ashis Roy, Rohit Ghosh, Baidyanath Gupta, Ayan Sarkar. (4th Sem)

PICTURES OF THE AWARENESS PROGRAM



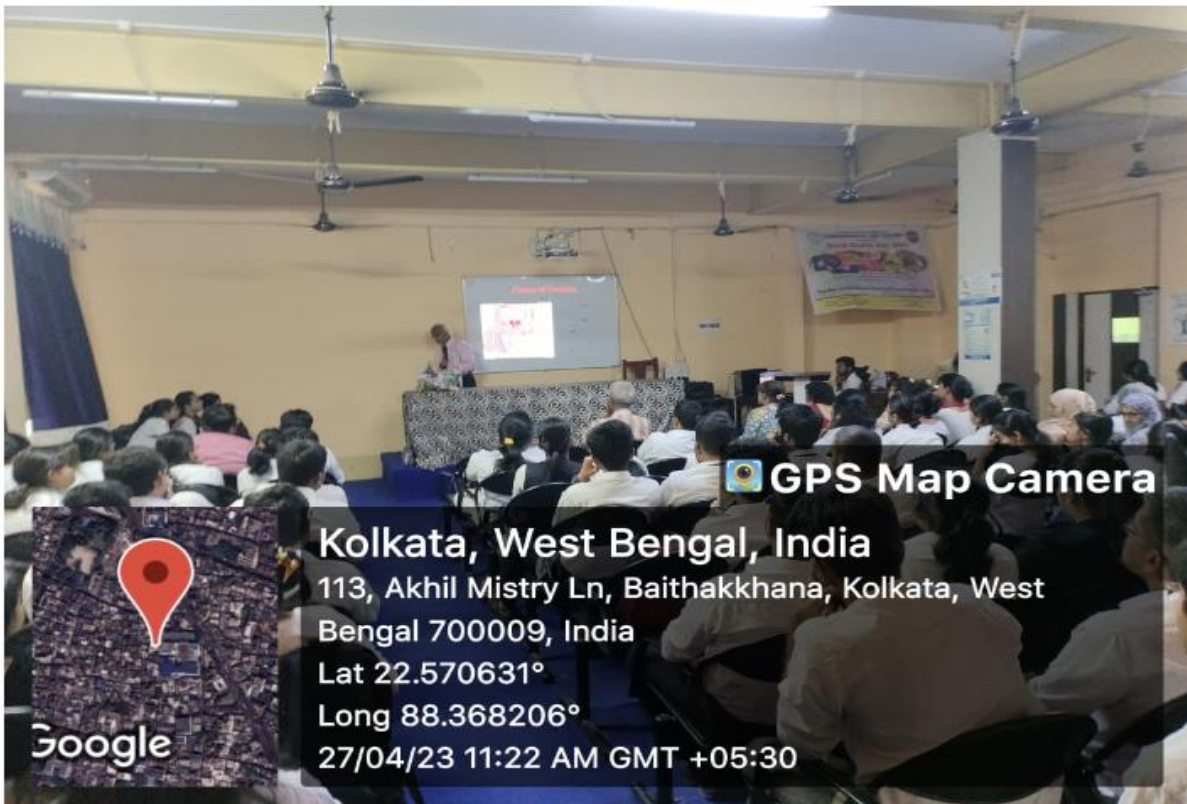


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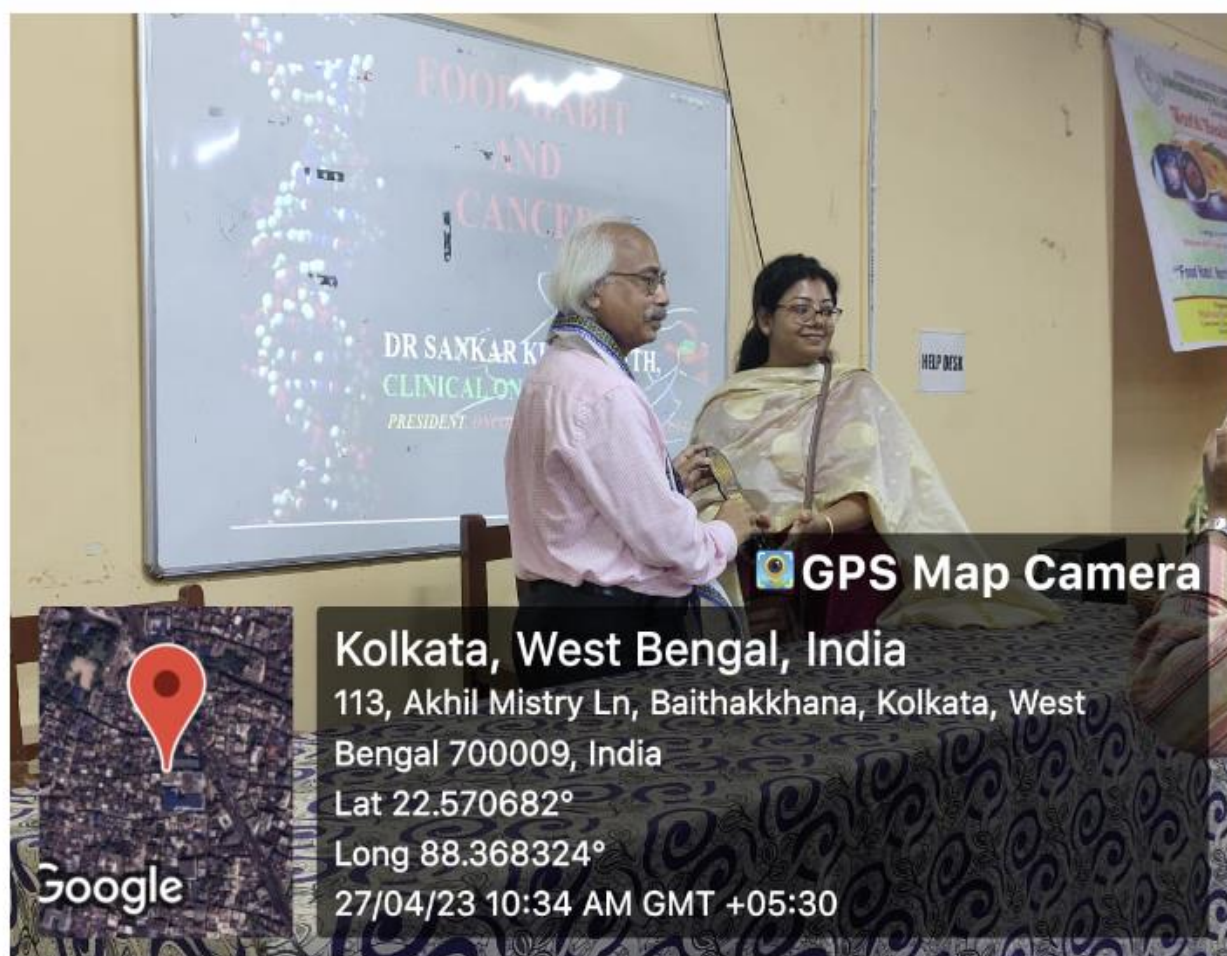
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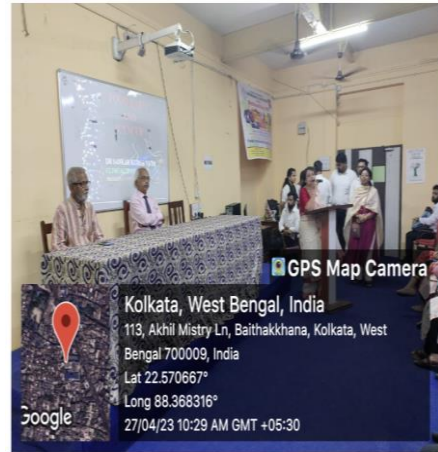
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