



Menstrual Health and Hygiene Awareness Programme Summary

2022

Surendranath Law College

24/2 Mahatma Gandhi Road
Kolkata-700 009

<https://snlawcollege.ac.in>

Surendranath Law College's Eco Club in collaboration with Unicharm India and Global Hunt Foundation organized an Awareness Programme on 'Menstrual Health & Hygiene Management' on 21st September & 26th September 2022 at the Seminar Hall of the College.

Good menstrual hygiene management (MHM) plays a fundamental role in enabling women, girls, and other menstruators to reach their full potential. The negative impacts of a lack of good menstrual health and hygiene cut across sectors.

The programme was chaired by **Prof. Dr. Mohammadi Tarannum**, Vice-Principal of the Surendranath Law College.

The challenges that menstruating girls, women, and other menstruators face encompass more than a basic lack of supplies or infrastructure. While menstruation is a normal and healthy part of life for most women and girls, in many societies, the experience of menstruators continues to be constrained by cultural taboos and discriminatory social norms. The resulting lack of information about menstruation leads to unhygienic and unhealthy menstrual practices and creates misconceptions and negative attitudes, which motivate, among others, shaming, bullying, and even gender-based violence. For generations of girls and women, poor menstrual health and hygiene is exacerbating social and economic inequalities, negatively impacting their education, health, safety, and human development.

1. The main objective of this event was to raise awareness of the importance of Menstrual health & hygiene.
2. To understand the dos and don'ts on the captioned subject.
3. How menstrual health and hygiene plays a crucial role in every woman's life.

Benefits of the students from this Event:

1. Students were able to understand the importance of menstrual health and hygiene.
2. Students got to know the necessity of protecting themselves from falling ill due to lack of awareness.
3. Students got to know how poor menstrual hygiene, can pose serious health risks, like reproductive and urinary tract infections which can result in future infertility and birth complications and how to avoid these.



Kolkata, West Bengal, India
 26, 9A, Mahatma Gandhi Rd, Baithakkhana, Kolkata,
 West Bengal 700009, India
 Lat 22.570589°
 Long 88.368332°
 26/09/22 09:14 AM



Kolkata, West Bengal, India
 26, 9A, Mahatma Gandhi Rd, Baithakkhana, Kolkata,
 West Bengal 700009, India
 Lat 22.570644°
 Long 88.368356°
 21/09/22 10:14 AM



Kolkata, West Bengal, India
 26, 9A, Mahatma Gandhi Rd, Baithakkhana, Kolkata,
 West Bengal 700009, India
 Lat 22.570685°
 Long 88.368318°
 21/09/22 10:07 AM



Kolkata, West Bengal, India
 26, 9A, Mahatma Gandhi Rd, Baithakkhana, Kolkata,
 West Bengal 700009, India
 Lat 22.570628°
 Long 88.368336°
 26/09/22 09:54 AM



Kolkata, West Bengal, India
 26, 9A, Mahatma Gandhi Rd, Baithakkhana, Kolkata,
 West Bengal 700009, India
 Lat 22.570674°
 Long 88.368382°
 26/09/22 09:10 AM




Program on 


"Menstrual Health & Hygiene Management "

On
26.09.2022 (Monday) | 09:00 AM – 10:00 AM

Organised by
Surenranath Law College

In Support of
Unicharm India & GlobalHunt Foundation



Program on 

"Menstrual Health & Hygiene Management "

On
21.09.2022 (Wednesday) | 09:00 AM – 10:00 PM

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In Support of
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